

A few facts

• Set up 1956

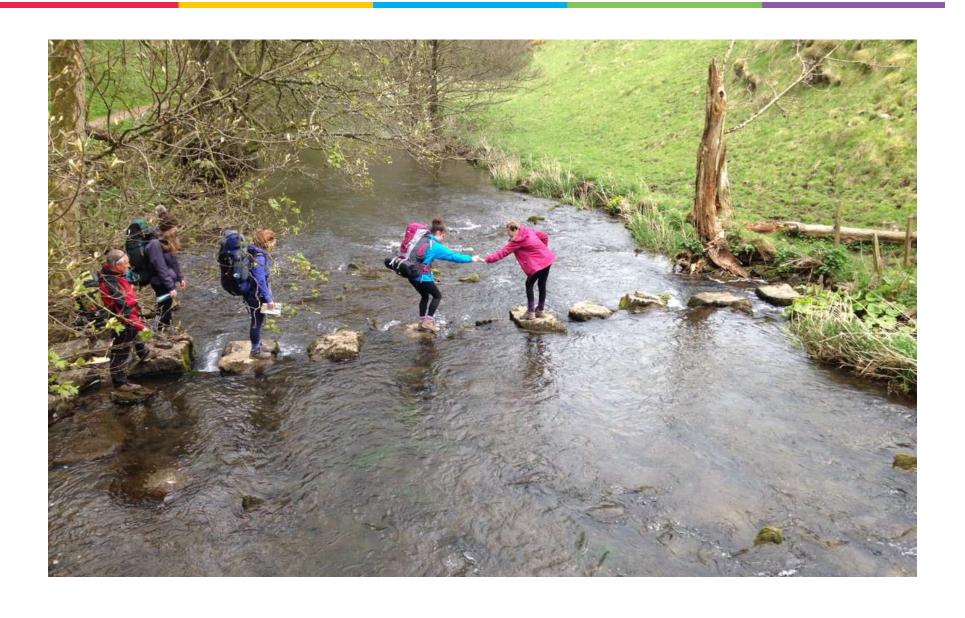
• 1.1million globally

• 180 Princethorpe





Why DofE?



What are the benefits?

- Make new friendships
- New experiences
- Independence while undergoing challenges
- Show commitment to long term projects
- Viewed positively by future employers
- GREAT FUN!



Age Requirements

Bronze – Year 9

Silver – Year 10 and 11



Gold – 16 years old
 (must be in Sixth Form)





What do you have to do?

Bronze	6 Months	
Physical	3 months	
Volunteering	3 months	
Skills	3 months	
Expedition	2 days 1 night	

An additional 3 months must be completed for one of the activities



What do they have to do?

Silver	6 Months	12 Months (Direct Entry)	
Physical	6 months		
Volunteering	6 months		
Skills	3 months (This can be changed with physical)		
Expedition	3 days 2 nights		
Gold	12 Months	18 Months (Direct Entry)	
Physical	12 months		
Volunteering	12 months		
Skills	6 months (This can be changed with physical)		
Expedition	4 days 3 nights		
Residential	5 days 4 nights		

Direct Entry - An extra 6 months volunteering or in the activity with more time spent on it



Physical

- To achieve greater physical fitness and a healthy lifestyle through participation and improvement in physical activity.
- Examples:
 - Individual sports
 - Water sports
 - Fitness
 - Dance
 - Team sports
 - Racquet sports





Physical Is it in the Olympics? Do you get hot and sweaty? Example: Archery is a physical, darts is not.



Physical













Volunteering

- To make a difference within your community or to an individual's life and develop compassion by giving service to others.
- Examples
 - Helping people
 - Community action & raising awareness
 - Working with the environment or animals
 - Coaching, teaching and leadership
 - Helping a charity

Volunteering Must not be for commercial organisations or for a member of your family. Up to 25% of time can be spent in training.



Volunteering













Skills

- To develop practical and social skills and personal interests.
- Examples
 - Performance arts
 - Science & technology
 - Care of animals
 - Music
 - Natural World
 - Life skills
 - Creative arts



Skills Training and learning is a skill... Do not count physical activity development as a Skill.



Skills













 To develop initiative and a sense of adventure and discovery, by planning, training for and completing an adventurous journey as part of a team.

- On Foot
 - Learn to map read
 - Plan route
 - Camping
 - Helping others





























Expedition Section Summary



- 1. Training
- 2. Practice expedition
- 3. Planning
- 4. Qualifying expedition
- 5. Sign off online



PEAKEXPEDITIONS







Residential (Gold Only)

 To inspire participants through a concentrated involvement with people they don't know, who are usually from different backgrounds, and bring alternative views to the challenges they will face.

- Examples
 - Service to others
 - Environment and conservation
 - Learning
 - Activity based

Residential No work experience, B&Bs or school trips.

Minimum of five in shared activity in an unknown environment.

No Leaders and friends. You mustn't receive payment



The Basics

- Each participant receives course materials
- Personal edofe account
- Must attend all dates
- Regular drop in computer sessions will be run to help progress
- Meetings with DofE Staff will be held to aid completion
- On completion receive a certificate and badge



Bronze Dates

Training	Princethorpe College	Within curriculum time	
Practice Expedition	Princethorpe. Local Area.	 Group A - Sat 27 April, 9am – Sun 28 April 2019, 4pm. Group B – Sat 4 May, 9am – Sun 5 May 2019, 4pm. 	
Review and route planning	Princethorpe College - The Limes	Sun 12 May 2019 Group A – 9am -12 noon Group B – 1 - 4pm.	
Qualifying Expedition	Cotswolds	Group A - Sat 22 June, 7.30am – Sun 23 June 2019, 5pm Group B – Sun 30 June, 7.30am – Mon 1 July 2019, 5pm.	

Silver and Gold Dates

Silver	Training	Princethorpe College - The Limes	Sat 19 and Sun 20 January 2019, 9am-4pm.
	Practice Expedition	Peak District - White Peak	Fri 26 April, 4pm – Sun 28 April 2019, 7pm.
	Review and route planning	Princethorpe College - The Limes	Fri 10 May 2019. 4 – 7pm.
	Qualifying Expedition	Peak District - Dark Peak	Fri 28 June, 6.30am – Sun 30 June, 2019, 6pm.
Gold	Training	Princethorpe College - The Limes	Fri 18 January, 4.30 - 9pm and Sat 19 January 2019, 9am-1pm.
	Practice Expedition	Lake District	Thurs 11 April, 12 noon – Sun 14 April 2019, 8pm.
	Review and route planning	Princethorpe College - The Limes	Fri 10 May 2019. 4 – 7pm.
	Qualifying Expedition	Snowdonia	Sat 22 June 11am – Wed 26 June, 2019, 9pm.



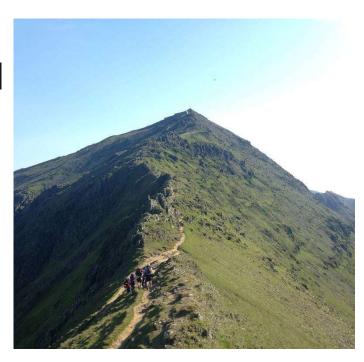
Cost

- Bronze
 - Deposit £50 Balance £200 Total £250
- Silver
 - Deposit £50 Balance £335 Total £385
- Gold
 - Deposit £50 Balance £400 Total £450
- Deposit payment by Friday 19th October
- Balance onto Lent term bill Monday 7th January



What's Included?

- DofE enrolment fee and start up pack
- Training and supervision by qualified staff at Princethorpe and Peak Pursuits Instructors
- Transport
- Group kit tents, stoves and fuel
- Campsite fees
- Personal kit available to borrow
 - Waterproofs
 - Rucksack
 - Sleeping bag and mat







- 1. Walking boots
- 2. Suitable clothing
- 3. Food, bowl, spoon and mug





What's next?

- Pick up an information booklet and enrolment form on the way out
- Complete and return with the deposit payment
- Please return to Mr Bower by Friday 19th October



